

- List medicines here.
- Keep it up to date.
- Carry it with you.
- Share with your doctor/pharmacist.
- Always take your medicine as directed.

For helpful tips and resources, visit **ScriptYourFuture.org** today.



QUESTIONS to ask my doctor/pharmacist

1. What's my medicine called and what does it do?
2. How and when should I take it?
And for how long?
3. What if I miss a dose?
4. Are there any side effects?
5. Is it safe to take it with
other medicine or vitamins?
6. Can I stop taking it if
I feel better?



I WILL

SIGN HERE

TAKE MY MEDS.

MY MEDICINES

including prescriptions, over-the-counter medicines, vitamins and supplements

[illegible]