

2022-2023 Webinar Series



OHIO PROGRAM for
**CAMPUS SAFETY
& MENTAL HEALTH**
A NEOMED CCoE

February 16th
12:00 – 1:00 pm ET

After registering, you will receive a confirmation email containing information about joining the webinar. Application for CE credits is pending. This webinar will be recorded, and an archive will be sent out to all registrants and uploaded for public access.

Motivational Strategies to Engage Students Violating the Code of Conduct with Russell Spieth, PhD, **Adult Behavioral Health at The Centers in Cleveland, Ohio**

Dr. Spieth will discuss lessons learned from 25 years of experience serving mandated clients in community mental health, drug and mental health courts, and university-based counseling. Included in this presentation is a discussion of the value of integrating normative feedback, motivational interviewing, and harm reduction into programming for college students violating the code of conduct.

Motivational Interviewing (MI) is an evidence-based, collaborative, person centered, guiding conversation style to strengthen a person's own motivation to change. Based on the 3rd edition of *Motivational Interviewing: Helping People Change* (Miller and Rollnick, 2013), this 1-hour training will cover the underlying mindset, core skills and strategies of MI.

Webinar Objectives

- Appreciate how to use motivational techniques to establish the working alliance
- Detail strategies to promote healthy change
- Understand the rationale for incorporating harm reduction into the planning process

