

Center for Student Wellness and Counseling Services presents:

THERAPY DOGS ON CAMPUS!



April 1-5
12 p.m. to 1 p.m.
NEW Center Atrium
by the auditorium

What are the Benefits of Having a Therapy Dog on campus?

Physical: Interaction with therapy dogs has been shown to reduce blood pressure, provide physical stimulation and assist with pain management

Social: A visiting therapy dog promotes greater self-esteem and focused interaction with other students

Cognitive: It has been empirically proven that therapy dogs stimulate memory and problem-solving skills

Emotional and mental health: A therapy dog can lift moods and often provoking laughter. The therapy dog is also there to offer friendship and a shoulder to lean on for students

Coping: Therapy dogs helps students slow down and cope with their anxieties in an environment where many students stay up late to finish their assignments and prepare for the following day

<https://www.therapydogs.com/>

Sponsored by:

Center for Student Wellness and Counseling Services

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