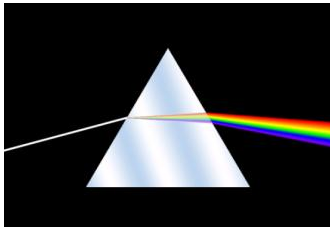


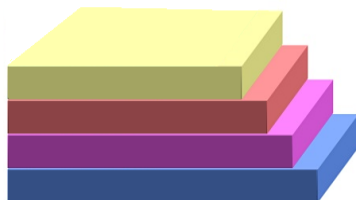
Perfecting (HA! HA!) De-escalation Skills

AMI Conference May 2009

QUESTIONS? CALL Paul John Lilley 419.424.1985



Prism by which we
view CIT program

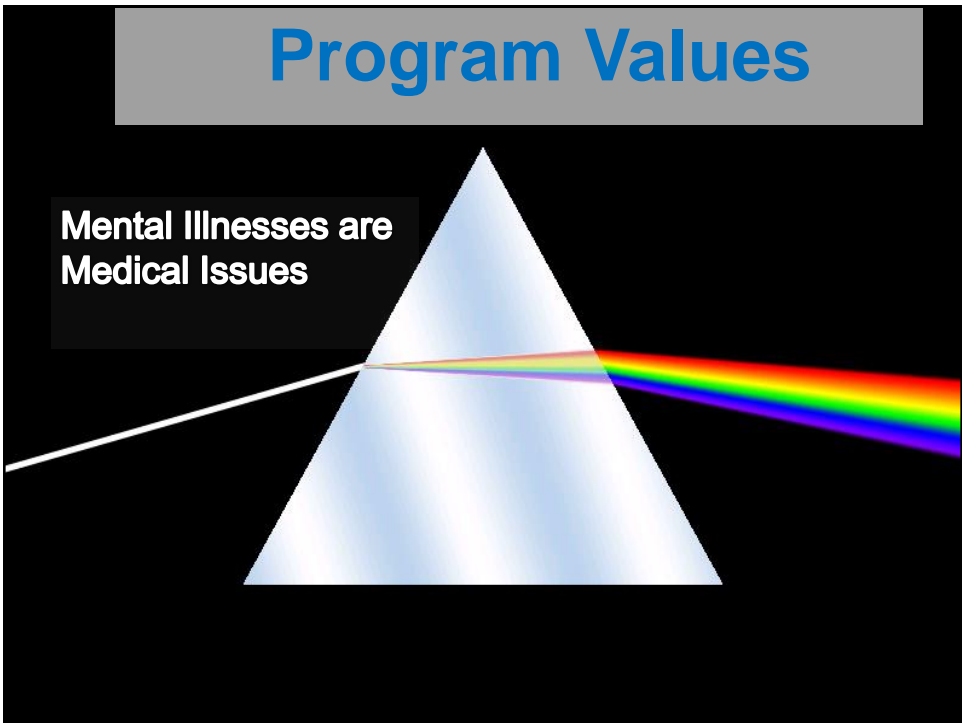
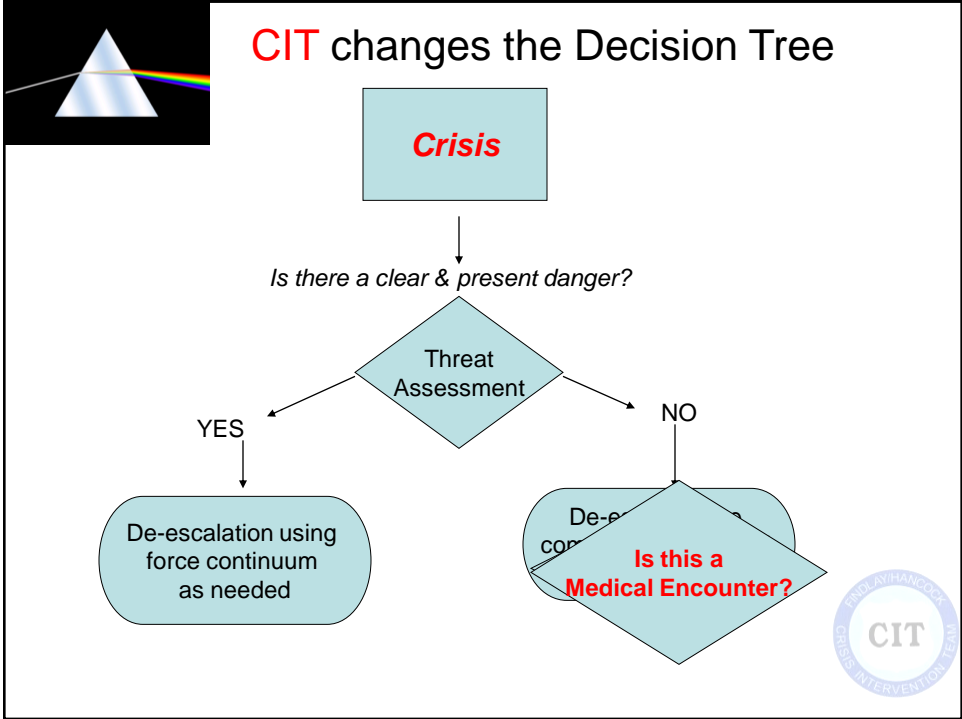


De-escalation
Building Blocks



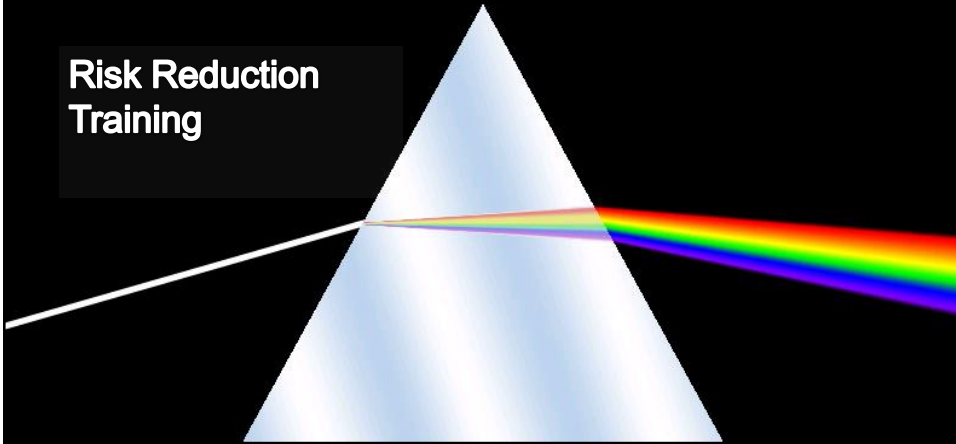
Skill set integrates
with MI Block





Program Values

Risk Reduction
Training

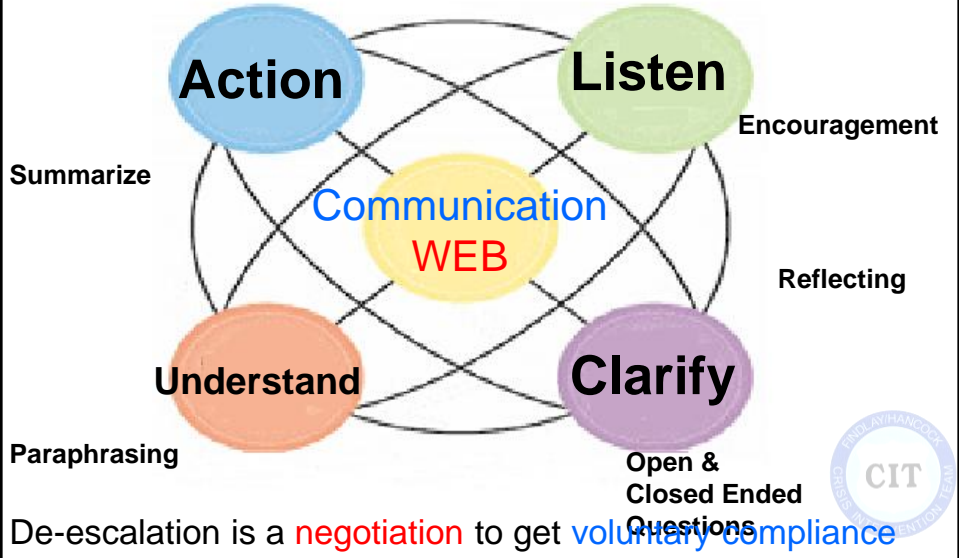


CIT = First Aid for the Brain

Teaching the Skill set?



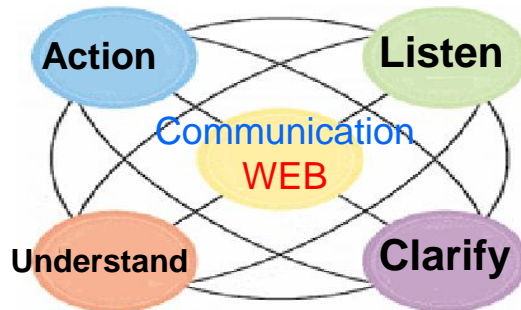
The Officer Skill Set



The Officer Skill Set



The Officer Skill Set



Engage



Assess

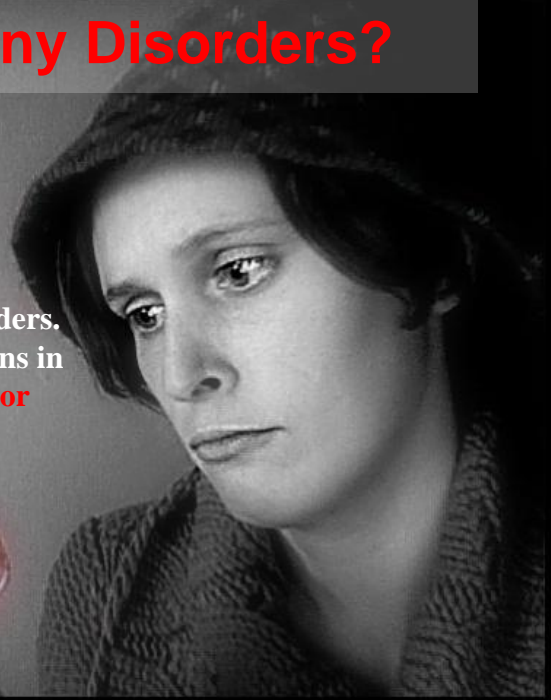


Resolve

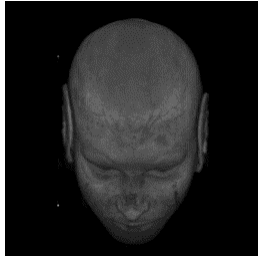


How Many Disorders?

Diagnosable mental disorders, characterized by alterations in **thinking, mood, or behavior** associated with impaired functioning



Thinking- Psychotic Disorders



Mood Disorders



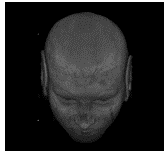
Behavior- Personality Disorders



Anxiety Disorders



Observable Characteristics



Loss of Reality

Schizophrenia (5)
Dementia (9)
Drug Induced Psychosis (17)
Other Psychotic Disorders



Loss of Control

Manic Stages of
Bi-polar (11)
Borderline PD (13)
Oppositional DD (19)
Anti-Social PD (20)
Impulse Control Disorders



Loss of Hope

Depression (7)
Depressive stages of
Bi-polar (11)
Adjustment Disorders



Loss of Perspective

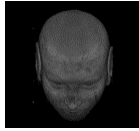
Anxiety and Panic
Disorders (15)
OCD (27)
Post-Traumatic Stress



**Mental
Illness is
a Loss**



Observable Characteristics



Loss of Reality

- Delusions
- Paranoia
- Hallucinations
- Disorganized Thinking
- Odd behavior/mannerisms



Loss Of Control

- Manipulation
- Hostility
- Impulsive
- Self Destructive



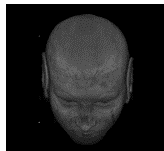
Loss of Hope

- Deep Sadness
- Anguish
- Withdrawn
- Depression
- Suicide



Loss of Perspective

- Anxiety
- Panic
- Restlessness
- Nervousness
- Physical discomfort



Confused, Disoriented

Ground in here-n-now



Angry, Irritable

Listen, Deflect, Diffuse



Sad, Desperate

Instill Hope, Personal Connection



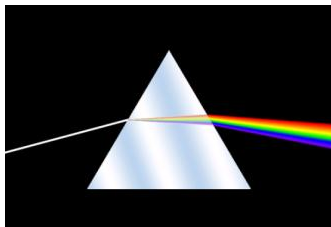
Anxious, Panicky

Calm, Deflect

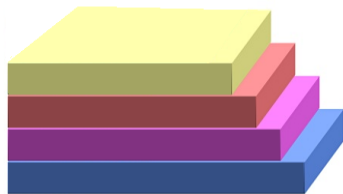


Suicide & De-escalation

- Understand Suicide as a **LOSS- ultimately a loss of Hope**
- View Suicide as a **NEGOTIATION**
- Your job is to **WIN the Negotiation**. You do this by using your CIT skills to regain control of the situation
- Ideally, you regain control by restoring a sense of **HOPE** and having the person voluntarily comply with your commands



**Medical Issue, Risk
Reduction Training**



**Negotiation,
Communication Web,
EAR Model**



LOSS Model

