

Suicide Prevention, Intervention and Postvention

*A Resource and Programming Guide for
Ohio Institutions of Higher Education*



OHIO PROGRAM *for*
**CAMPUS SAFETY
& MENTAL HEALTH**
A NEOMED CCoE

UPDATED 07/2022

Table of Contents

ABOUT

The Ohio Program for Campus Safety and Mental Health Overview 4

PREVENTION RESOURCES

Active Minds 8

Addressing Mental Health Needs of Racial /Cultural Minority Students. 8

Collegiate Recovery Communities 9

Colleges and Universities 9

Criminal Justice Coordinating Center of Excellence 10

Crisis Text Line in Ohio 10

Increase Life Skills 11

Kognito 11

Match Mental Health Resources to Demand 12

Means Restriction for the Prevention of Suicide 12

Mental Health First Aid 12

Mental Health Task Force 13

NAMI on Campus 13

Peer Support Program 14

Question Persuade Refer (QPR) 14

Screening , Brief Intervention and Referral to Treatment (SBIRT) 15

Stigma Reduction and Education on Mental Disorders 15

TAO Connect 16

Wellness Director 16

INTERVENTION RESOURCES

Brief Alcohol Screening and Intervention for College Students (BASICS) 17

Care Teams/Behavioral Interventions Teams 17

Case Managers/Care Managers 18

Cognitive Behavioral Therapy 18

Collaborative Assessment and Management of Suicidality (CAMS) 19

Criminal Justice Coordinating Center of Excellence 19

Medical Leave Policies 20

Memoranda of Understanding 20

Motivational Interviewing 20

Table of Contents

Postvention Resources

Ohio House Bill 28 (131st General Assembly) 21

Ohio Life Saver 21

Ohio Suicide Loss Survivors 22

Outreach for People Impacted by Suicide/Homicide 22

Safe Postvention Messaging for the Higher Education Community 23

DATA COLLECTION

To assess the effectiveness of prevention intervention and postvention

Healthy Minds Survey (Ohio Healthy Campus Initiative) 24

National Collegiate Health Assessment 24

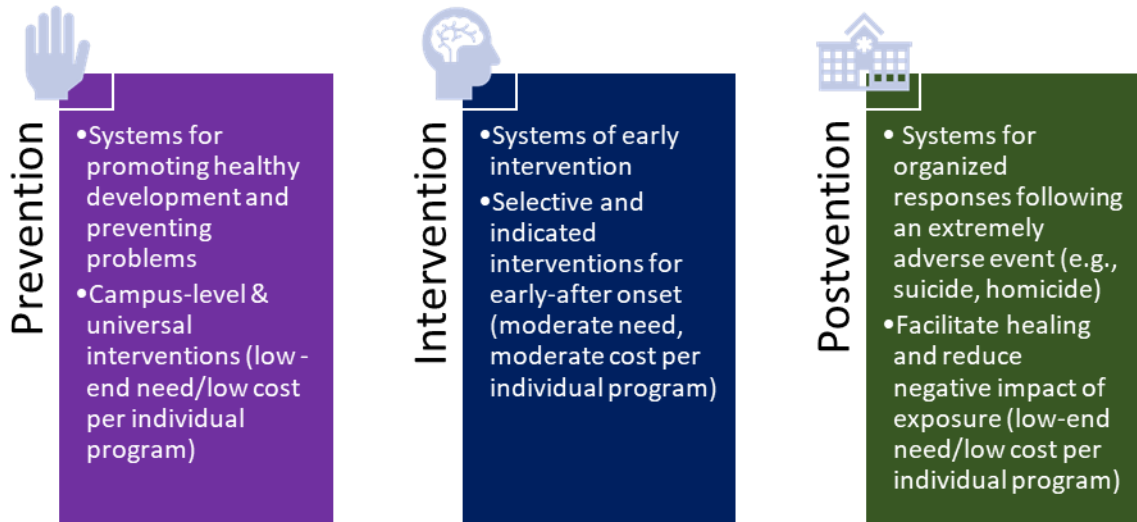
RAND Corporation 25

References 26

The Ohio Program for Campus Safety & Mental Health

This Suicide Prevention, Intervention and Postvention Resource, and Programming Guide includes a list of best practices and resources for empirically supported interventions in higher education, associated costs, and national and Ohio contacts for each intervention.

Strategies to Promote Wellbeing in Higher Education



The Ohio Program for Campus Safety & Mental Health

The Ohio Program for Campus Safety and Mental Health (OPCSMH) serves as a resource center promoting a comprehensive approach to suicide prevention and mental health promotion at college campuses across the state of Ohio. Its primary goal is to stimulate collaboration between campus and community stakeholders, to develop programs that prevent campus suicide and to create a culture of care. The ultimate outcome of such collaboration is greater student academic success resulting from the improved mental health and well-being of students, as well as faculty and staff on all Ohio campuses. Since 2010, the OPCSMH has funded over \$400K to support 100 campus and community collaborations throughout Ohio. Funding has supported an array of campus programming, including suicide prevention trainings, mental health awareness campaigns, and depression screenings.

The OPCSMH also recognizes that student counseling services are not the only stakeholders responsible for addressing suicide prevention and mental health on campus. It needs to be a comprehensive, multidimensional campus-wide effort. For example, the JED Foundation's Framework for Developing Institutional Protocols for the Acutely Distressed or Suicidal College Student provides colleges and universities with strategies to promote cultural change toward enhancing the campus-wide mental health safety net for all students and has already been adopted by many Ohio institutions. With additional funding, Ohio colleges and universities could enhance collective efforts to improve student mental health across the higher education system.

In Ohio, and across the country, college students encompass a population that is already considered particularly vulnerable to mental health concerns and more students than ever are utilizing campus mental health services. According to Binkley and Fenn (2019) "an increasing number of college students are turning to their schools for help with anxiety, depression and other mental health problems, and many must wait weeks for treatment or find help elsewhere as campus clinics struggle to meet demand, an Associated Press review of more than three dozen public universities found." At some institutes of higher education, "the number of students seeking treatment has nearly doubled over the last five years while overall enrollment has remained relatively flat." The Associated Press Review from Ohio State illustrated a 69% increase in students receiving mental health treatment since 2014, while enrollment had slightly increased by only about 4%. This increase has been associated with "reduced stigma around mental health, along with rising rates of depression and other disorders." The increase has also led to longer wait times at student clinics when those clinics cannot hire enough mental health clinicians to meet demand.

The Ohio Program for Campus Safety & Mental Health

Following the Fall 2019 Associated Press review, the COVID-19 pandemic has significantly impacted Ohio's colleges and universities. According to a recently released Healthy Minds Network and American College Health Association report, "symptoms of mental health conditions remain high in college student populations, both before and after the start of the pandemic." Relative to Fall 2019, the prevalence of depression increased, and substance use decreased in Spring 2020 according to a report which surveyed random colleges across the United States. According to the Active Minds COVID-19 Impacted College Students' mental health nationwide survey, 91% of students reported COVID-19 related stress and anxiety, and 48% reported COVID-19 as a major stressor and financial setback. Similarly, the American College Health Association and The Healthy Minds Network Report (May 2020) *The Impact of COVID-19 on College Student Well-Being* details the following on mental health:

- 60% of students indicate that pandemic has made it more difficult to access mental health care
- Financial stress, a known predictor of student mental health, has significantly been affected by the pandemic and nearly 66% of students reported that the pandemic has resulted in more financial stress
- 31.9% of students felt supported by campus mental health services
- 39.6% of students felt supported by college/university administration
- Compared to 2019, the prevalence of depression in students increased from 35.7% to 40.9% in 2020

The OPCSMH also briefly surveyed its May webinar attendees following a presentation by Dr. Justin Chen (Harvard Medical School): International Student Mental Health Before and During COVID-19. 47% of respondents indicated it was somewhat more difficult or limited for students to access mental health care at their institutions during COVID-19.

As colleges and universities in Ohio consider best practices for supporting the mental health and well-being of students, staff and faculty, The American Council on Education recently recommended key strategies and best practices in its Mental Health and Higher Education and COVID-19 report: 1) communication to students is consistent, caring and clear; 2) the mental health and well-being of all campus members should be considered; and 3) all decision-making should be informed through assessments

In addition to adequate staffing of counseling and student health services to provide appropriate levels of services to its students, the OPCSMH recommends that inter-institutional mental health efforts would also include a range of other activities:

- disseminate information and train students, staff, and faculty via empirically supported approaches to recognize and support individuals with mental health problems.
- conduct culturally appropriate campus trainings and social media campaigns to reduce stigma around mental health issues and to motivate students, faculty, and staff to help others.

The Ohio Program for Campus Safety & Mental Health

- create programs to help students develop skills to better manage stress and more quickly seek support when needed.
- leverage public health expertise and support to implement effective substance misuse interventions, promote evidence-based substance use policies, promote collegiate recovery communities, and reduce substance misuse.
- bolster peer to peer support activities to focus on mutual support, promoting acceptance of cultural diversity, disability, empowerment strategies, and stigma reduction; and develop and implement a standard measurement tool for Ohio campuses to create consistency for measuring progress toward their respective and collective goals. Perhaps most importantly, funding would support an expansion of student-, faculty- and staff-led forums for sharing information and support among colleges statewide working to enhance student mental health. Although the broad goal of these activities would be to enhance the campus climate with respect to mental health issues and to help Ohio campuses more expeditiously reach and support students in need of mental health services before a problem becomes a crisis; the degree to which each campus implements this multipronged effort, the focus of their efforts, and the methods by which they deliver education and interventions will vary across campuses based on the perceived needs of the student body, the existing campus supports, and allotted funding. Mental health issues are the leading barrier to academic success and mental illness can affect students' motivation concentration, and social concentrations, all of which are essential factors for students to succeed in higher education.

As part of the proposed initiative to improve student mental health in Ohio's higher education system, an evaluation should be undertaken across campuses to inform efforts. The evaluation process would create a unified measurement system to help colleges measure progress toward intra- and inter-campus goals and the effectiveness of new strategies on multiple campuses. Campuses would be invited to utilize a standard measurement tool to conduct an annual campus-wide online survey of Ohio college and university students. The survey would be designed and implemented to increase understanding of 1) the experiences and attitudes that students have on campus related to mental health and substance use, 2) perceptions of how campuses are serving students' mental health needs, and 3) attitudes about the overall campus climate toward student mental health, substance use, and well-being. According to the American Council on Education, student mental health needs can vary drastically from campus to campus, meaning that campus leaders should not solely rely on data outside of their respective campuses to inform them of the current situation in their student populations.

Finally, as many experts are predicting an increase in adverse mental health outcomes due to COVID-19 related stress, isolation, and anxiety, long term planning should be considered for telehealth services. Telehealth services may assist institutions in meeting the mental health needs of students, including those who will continue to live off-campus, and especially those who have already adopted the use of telehealth for mental health counseling in lieu of in-person or on-campus services during the COVID-19 pandemic.

Prevention

Active Minds

Student-led organizations to promote mental health

Active Minds is the nation's premier nonprofit organization supporting mental health awareness and education for young adults

Mission: We are dedicated to saving lives and to building stronger families and communities. Through education, research, advocacy, and a focus on young adults ages 14–25, Active Minds is opening up the conversation about mental health and creating lasting change in the way mental health is talked about, cared for, and valued in the United States

<http://www.activeminds.org>

Cost:

- ⇒ No costs to become a chapter; employee time and effort to support group and money for events; \$2,000 to \$5,000 for Active Minds speakers and/or programs

Contact:

- ⇒ Ohio Program for Campus Safety & Mental Health, opcsmh@neomed.edu
-

Addressing the Mental Health Needs of racial/Cultural Minority Students

Mission: The Steve Fund is dedicated to supporting the mental health and emotional well-being of young people of color.

<https://www.stevelfund.org/>

Cost:

- ⇒ General pricing is \$3,000/day plus travel, \$1,500/day pulse travel or approximately \$200/hour for virtual types of consultation
- ⇒ We are committed to meeting the needs of students of color and supporting those that serve them. We have built a fee structure to offset the time and costs of our consultants and our staff, and to expand our services and reach. To learn more please contact Monica Ingkavet at Monica@stevelfund.org.

Contact:

- ⇒ The University of Akron - <https://www.uakron.edu/counseling/important-resources/>
330-972-7082

Prevention

Collegiate Recovery Communities

This online manuscript breaks down what we know and what we need to know about recovery communities.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3952555/>

Cost:

⇒ Free to create a group, staff time/effort to support group, money for events

Contacts:

⇒ Kent State University - <https://www.kent.edu/caps/collegiate-recovery-community>

⇒ Ohio State University - <https://swc.osu.edu/services/collegiate-recovery-community/>

⇒ Ohio University - <https://www.ohio.edu/counseling/crc>

⇒ University of Akron - <https://uakron.presence.io/organization/collegiate-recovery-community-rooms-in-recovery>

Colleges and Universities

Information about mental health topics, including available depression and suicide prevention resources.

<https://suicideprevention.ohio.gov/for-schools/colleges-and-universities>

Contact:

⇒ [Contact Us | Suicide Prevention \(ohio.gov\)](#)

⇒ Valerie Leach

Office of Prevention & Wellness - Ohio Department of Mental Health and Addiction Services
614-466-0124

Prevention

Criminal Justice Coordinating Center of Excellence

Statewide Crisis Intervention Team Reports:

The May 2000-March 2022 Cumulative state of Ohio CIT training report is a resource to look up a specific county to see the status of CIT, including which law enforcement jurisdictions participate in CIT training.

<https://www.neomed.edu/cjccoe/cit/reports/>

Sequential Intercept Model and Sequential Intercept Mapping:

These sites includes all the Sequential Intercept Mapping reports for participating counties. These will help university/college staff understand their local off campus criminal justice system – which students may interact with

<https://www.neomed.edu/cjccoe/sequential-intercept-mapping/>

<https://www.neomed.edu/cjccoe/sequential-intercept-mapping/county-reports/>

Contact:

⇒ Emily Ribnik, LPCC-S, CGCS – Director
330-325-6861

Crisis Text Line in Ohio

Text “4hope” to 741741

<https://mha.ohio.gov/get-help/get-help-now/crisis-text-line>
[Active Minds - Changing the conversation about mental health](#)

Cost:

⇒ Resources and electronic downloads are available online

Contacts:

⇒ Ohio Department of Mental Health & Addiction Services, 614-644-8559

⇒ Ohio Association of County Behavioral health Authorizes, 614-224-1111

⇒ The JED Foundation - <https://jedfoundation.org/campus-mental-health-action-planning-guide/>

Prevention

Increase Life Skills

(Money management, distress tolerance, study skills)
JED Foundation and The Steve Fund

Increase Life Skills, money management, distress tolerance, study skills

<https://jedfoundation.org/set-to-go/importance-of-life-skills/>

[The Steve Fund](#)

Cost:

⇒ General pricing is \$3,000/day plus travel, \$1,500/day plus travel or approximately \$200/hour for virtual types of consultation

Contact:

⇒ Ohio Program for Campus Safety & Mental health, opcsmh@neomed.edu

Kognito

Recognition and referral for suicide prevention program

[Kognito - Practice-based digital learning experiences](#)

Cost:

- ⇒ Confidence-Building Simulations and Resources (Campus-wide access to simulations) - \$8,500-\$50,000 annually based on FTE); Training Simulations (5 varieties) - \$50-65 per person
- ⇒ Funding resources - <https://kognito.com/funding-resources/>

Contacts:

⇒ Kent State University - [Kognito for Students, Faculty, and Staff | Kent State University](#)

Prevention

Match Mental Health Resources to Demand

One counselor to 1,000/1,500 higher education students. International Accreditation of Counseling Services.

[Home - International Accreditation of Counseling Services \(iacsinc.org\)](http://iacsinc.org)

Cost:

- ⇒ One independently licensed mental health counselor: \$70,000 to \$85,000 salary and benefits
- ⇒ IACS Fees: Application fee \$750, Site Visit Fee \$750, Annual dues \$1,600 for accredited centers

Means Restriction for the Prevention of Suicide

JED Foundation

One counselor to 1,000/1,500 higher education students. International Accreditation of Counseling Services.

<https://jedfoundation.org/campus-mental-health-action-planning-guide/>

Cost :

- ⇒ General pricing is \$3,000/day plus travel, \$1,500/day plus travel or approximately \$200/hour for virtual types of consultation

Contacts:

- ⇒ Case Western Reserve University [Suicide Prevention | University Health and Counseling Services | Division of Student Affairs | Case Western Reserve University](#)
- ⇒ Contact: Ohio State University - Suicide and Mental Health Task Force [Commission on Student Mental Health and Well-being \(osu.edu\)](#)

Mental Health First Aid

Recognition and referral for mental disorders

[Mental Health First Aid](#)

Cost:

- ⇒ Depends on trainer, usually \$30 per individual participant (and possibly travel expenses for trainer)

Contact:

- ⇒ Kent State University - <https://www.kent.edu/mhsu/MHFA>

Prevention

Mental Health Task Force

Conduct university-wide review of student mental health, wellness and holistic engagement (e.g., The JED Foundation & The Steve Fund)

<https://jedfoundation.org/campus-mental-health-action-planning-guide/>

[The Steve Fund](#)

Cost:

- ⇒ General pricing is \$3,000/day plus travel, \$1,500/day plus travel or approximately \$200/hour for virtual types of consultation.. Cost for Employee/Student time/effort: 2-3 hours per-month of 10 -18 f/t employees; incentives for 2-3 students

Contacts:

- ⇒ Ohio Program for Campus Safety & Mental Health, opcsmh@neomed.edu
- ⇒ Ohio State University Suicide and Mental Health Task Force, [Commission on Student Mental Health and Well-being \(osu.edu\)](#)

NAMI on Campus

Student-led organization to promote mental health

[NAMI on Campus | NAMI: National Alliance on Mental Illness](#)

Cost:

- ⇒ Free to create a group. Individuals can join \$40 annual membership (<https://namiohio.org/join>) if they wish, employee time to support group, money for events

Contact:

- ⇒ [Homepage - NAMI Ohio](#)

Prevention

Peer Support Program

Structured programs with student leadership roles (usually paid) where the focus is serving their peers. Student Peer Coaches receive extensive training focused on being a resource to their peers

<https://www.apa.org/monitor/2018/11/students>

Cost:

⇒ One .2 FTE licensed mental health professional: \$50 to \$60,000 salary and benefits; Work study benefits for peer coaches (3-5 hours per week, per peer coach)

Contacts:

- ⇒ Wright State University - <https://www.wright.edu/student-success/foundation-studies/become-a-peer-mentor-for-first-year-seminars>
- ⇒ University of Cincinnati - <https://www.uc.edu/campus-life/caps/support/peer-support.html>
- Ohio Department of Mental Health & Addiction Services - <https://mha.ohio.gov/community-partners/peer-supporters/peer-supporters>

Question Persuade Refer (QPR)

Recognition and referral for suicide

<https://qprinstitute.com/>

Cost

⇒ **QPR Suicide Prevention Gatekeeper Training** - \$495 (minimum 10 people to send a trainer out - \$395 for more than 10 people) plus travel expenses; **Individual Training** - \$29.95; Train-the-Trainer - **Certified Gatekeeper Instructors** - \$495/person (\$395/person for groups of 10 or more); **Self-Study Train-the-Trainer** - \$495 per person (or \$395 for 10+)

Contacts:

- ⇒ Kent State University - <https://www.kent.edu/mhsu/qpr-training>
- ⇒ Mental Health and Recovery Services Board of Wayne Holmes Counties - 330-264-2527 or 330-674-5772
- ⇒ Case Western Reserve University <https://case.edu/studentlife/healthcounseling/student-wellness/suicide-prevention>

Prevention

Screening, Brief Intervention and Referral to Treatment (SBIRT)

Evidence-based practice to identify, reduce and prevent problematic use, abuse, and dependence on alcohol and illicit drugs

<https://www.thenationalcouncil.org/program/center-of-excellence/>

Cost:

⇒ \$550 for 1.5 hours; 1-Day Training - \$4,500-\$5,000

Contact:

⇒ The Ohio State University - <https://hecaod.osu.edu/campus-professionals/sbirt-2/>

Stigma Reduction and Education on Mental Disorders

JED Foundation, The Steve Fund and Active Minds

<https://jedfoundation.org/campus-mental-health-action-planning-guide/>

[The Steve Fund](#)

<http://www.activeminds.org>

Cost:

⇒ General pricing is \$3,000/day plus travel, \$1,500/day plus travel or approximately \$200/hour for virtual types of consultation.

⇒ Cost for Employee/Student time/effort: 2-3 hours per-month of 10-18 f/t employees; incentives for 2-3 students

Contact:

⇒ Kent State University - <https://www.kent.edu/mhsu/MHAT>

Prevention

TAO Connect

Digital platform of tools and educational materials to promote campus-wide mental health

<https://www.taoconnect.org/>

Cost:

⇒ \$4,500 to \$75,000 annually depending on FTE

Contact:

⇒ Ohio Program for Campus Safety and Mental Health, opcsmh@neomed.edu
⇒ Notre Dame College, ndccounseling@ndc.edu

Wellness Director

Oversees and coordinates all mental health and wellness activities, such as stigma reduction campaigns, relevant student groups, trainings, Care Team, Peer Supports, Postvention activities and Mental Health Task Forces

The JED Foundation - https://sprc.org/sites/default/files/resource-program/CampusMHAP_Web%20final.pdf

Suicide Prevention Resource Center - <https://www.sprc.org/resources-programs/campus-mhap-guide-campus-mental-health-action-planning>

Substance Abuse Mental Health Services Administration - https://store.samhsa.gov/product/Behavioral-Health-Among-College-Students-Information-and-Resource-Kit/SMA19-5052?referer=from_search_result

[The Steve Fund](#)

Cost:

⇒ One .4 to 1.0 full-time wellness director to oversee all mental health/wellness initiatives: \$80-100,000 full-time salary and benefits

Contact:

⇒ Ohio Program for Campus Safety and Mental Health, opcsmh@neomed.edu

Intervention

Brief Alcohol Screening and Intervention for College Students (BASICS)

A harm-reduction intervention for college students designed to help students make better decisions about using alcohol

[Brief Alcohol Screening and Intervention of College Students \(BASICS\) | Youth.gov](#)

Cost:

⇒ Varies by intensity \$300-45,000

Contact:

⇒ The Ohio State University - [BASICS/CASICS : Student Wellness Center \(osu.edu\)](#)

Care Teams/Behavioral Interventions Teams

Formal crisis protocols National Behavioral Intervention Team Association (NaBITA)

<https://www.nabita.org/>

Cost:

- ⇒ General pricing is \$3,000/day plus travel, \$1,500/day plus travel or approximately \$200/hour for virtual types of consultation
- ⇒ Individual membership \$199, Institutional membership \$1,099; <https://www.nabita.org/member-services/become-a-member/>

Contact:

- ⇒ Kent State University - <https://www.kent.edu/caps/care-team>
- ⇒ The University of Akron - <https://www.uakron.edu/student-success/care/>

Intervention

Case Managers/Care Managers

Professionals who help students overcome obstacles they encounter in their lives and promote academic success. Higher Educational Case Manager Association

<https://www.hecma.org/>

Cost:

⇒ One Care Manager/Case Manager: \$45,000-55,000 salary and benefits

Contact:

⇒ Cleveland State University - <https://www.csuohio.edu/care/meet-care-management-team>

Cognitive Behavioral Therapy

A short-term, goal-oriented psychotherapy treatment that takes a hands-on, practical approach to problem-solving

<https://www.mayoclinic.org/tests-procedures/cognitive-behavioral-therapy/about/pac-20384610>

Cost:

⇒ Varies by intensity \$300-\$5,000

Contact:

⇒ Academy of Cognitive Therapy, Cleveland, Ohio <https://www.academyofct.org/page/TrainingPrograms>

Intervention

Collaborative Assessment and Management of Suicidality (CAMS)

A therapeutic framework for suicide-specific assessment and treatment of suicidal risk

<https://cams-care.com/about-cams/>

Cost:

- ⇒ 3-hour training (no CEUS) - \$99
- ⇒ On-Site: 1 Day - \$5,000 to \$9,500 (tiered), travel/hotel included, add \$45 per person for CEUs; 3-hour training (with counseling/social work CEUS) - \$135

Contact:

- ⇒ Ohio Suicide Prevention Foundation - <https://www.ohiospf.org/contact/>

Criminal Justice Coordinating Center of Excellence

A resource to connect with local CIT Program Coordinators for a county or a law enforcement point of contact

<https://www.neomed.edu/cjccoe/about/>

Contact:

- ⇒ Emily Ribnik, LPCC-S, CGCS – Director
330-325-6861
eribnik@neomed.edu
cjccoe@neomed.edu

Crisis Intervention Team

Community-based programs that bring together law enforcement, mental health professionals, advocates, people living with mental illness and their families, and other partners to improve community responses to people experiencing mental health crises.

<https://www.neomed.edu/cjccoe/cit/>

CIT Training Calendar

<https://www.neomed.edu/cjccoe/cit/training-calendar/>

Intervention

Medical Leave Policies

Provides a framework for the types of medical leave that can be taken by students, staff and faculty (JED Foundation)

<http://hemha.org/wp-content/uploads/2018/06/jed-hemha-postvention-guide.pdf>

Cost:

⇒ General pricing is \$3,000/day plus travel, \$1,500/day plus travel or approximately \$200/hour for virtual types of consultation.

Contact:

⇒ Ohio Program for Campus Safety & Mental Health, opcsmh@neomed.edu

Memoranda of Understanding

Agreements between two or more parties outlined in a formal document, such as between a college/university and a federally qualified health center

Cost:

⇒ Legal counsel time/effort for contracting and employee time/effort for collaboration activities

Contact:

⇒ Ohio Program for Campus Safety & Mental Health, opcsmh@neomed.edu

Motivational Interviewing

A person-centered counseling/educational style for eliciting behavior change by helping people explore and resolve ambivalence

www.motivationalinterviewing.org

Cost:

⇒ \$550 for 1.5 hours; 1-Day Training - \$4,500-\$5,000

Contact:

⇒ Case Western Reserve University - [Center for Evidence-Based Practices | Case Western Reserve University](#)

Postvention

Ohio House Bill 28 (131st General Assembly)

To enact section 3345.37 of the Revised Code with regard to suicide prevention programs at state institutions of higher education

The JED Foundation

[jed-hemha-postvention-guide.pdf](#)

Suicide Prevention Resource Center

[Provide for Immediate and Long-Term Postvention | Suicide Prevention Resource Center \(sprc.org\)](#)

Cost:

⇒ General pricing is \$3,000/day plus travel, \$1,500/day plus travel or approximately \$200/hour for virtual types of consultation

Contact:

⇒ Ohio Program for Campus Safety & Mental Health - opcsmh@neomed.edu

Ohio Life Saver

What is a LOSS Team? How to launch a LOSS Team?

LOSS - Local Outreach to Suicide Survivors - is an active postvention model. This active model of postvention involves two or more volunteers - called a LOSS Team - proactively going to the scene of suicide to provide immediate support to those left behind.

<https://suicideprevention.ohio.gov/for-communities/postvention/how-to-launch-a-loss-team>

Postvention

Suicide Postvention describes the support provided to those who have lost someone to suicide. Although postvention occurs after a death by suicide, it is preventive in that it reduces suicide risk by identifying and supporting the emotional and mental health needs of the survivors. These supports may include Local Outreach to Suicide Survivor Teams, Support Groups, as well as one on one professional and peer support.

<https://suicideprevention.ohio.gov/for-communities/postvention>

Contact:

⇒ Nick Derksen

Director, Legislative Affairs - Ohio Department of Higher Education

614-752-8810

Postvention

Ohio Suicide Prevention Foundation's Postvention website

Ohio Suicide Loss Survivors

Welcome to a comforting and helpful place for Ohio Suicide Loss Survivors. If you have lost a loved one to suicide, you are not alone.

<https://www.ohiospf.org/postvention/>

Outreach for People Impacted by Suicide/Homicide

JED Foundation, SAMHSA, Suicide Prevention Resource Center

American Federation for Suicide Prevention's Reporting on Suicide: Recommendations for the Media

[Reporting on suicide prevention | AFSP](#)

SAMHSA

<https://www.samhsa.gov/school-campus-health>

Cost:

⇒ General pricing is \$3,000/day plus travel, \$1,500/day plus travel or approximately \$200/hour for virtual types of consultation

Contact:

⇒ Ohio Program for Campus Safety & Mental Health - opcsmh@neomed.edu

⇒ Ohio State University- Suicide and Mental Health Task Force - <https://suicideandmentalhealth.osu.edu/>

Postvention

Safe Postvention Messaging for the Higher Education Community

American Federation for Suicide Prevention's Reporting on Suicide: Recommendations for the Media - <https://afsp.org/reporting-on-suicide-prevention>

The JED Foundation - <http://hemha.org/wp-content/uploads/2018/06/jed-hemha-postvention-guide.pdf>

Resources for Suicide Postvention Planning - https://sprc.org/sites/default/files/resource-program/Spotlight_Postvention_ResourceSheetv03.pdf

Cost:

⇒ General pricing is \$3,000/day plus travel, \$1,500/day plus travel or approximately \$200/hour for virtual types of consultation.

Contact:

⇒ Ohio Program for Campus Safety & Mental Health - opcsmh@neomed.edu
⇒ Ohio State University- Suicide and Mental Health Task Force - <https://suicideandmentalhealth.osu.edu/>

Data Collection

Healthy Minds Survey (Ohio Healthy Campus Initiative)

[Explore our Data - Healthy Minds Network](#)

Cost:

⇒ \$5,500 (15,000 or greater) to \$4,125 (5,000-14,999) to \$2,750 (less than 5,000) to \$550 (community colleges)

Contact:

⇒ Ohio Healthy Campus Cohort, opcsmh@neomed.edu

National Collegiate Health Assessment

https://www.acha.org/NCHA/ACHA-NCHA_Data/Publications_and_Reports/NCHA/Data/Reports_ACHA-NCHAIIc.aspx

Cost:

⇒ \$0.43 per student contact (ACHA Institutional Member) and \$0.86 per student contact (ACHA Non-Institutional Member)

Contact:

⇒ Ohio Program for Campus Safety & Mental Health, opcsmh@neomed.edu

Data Collection

RAND Corporation

https://www.rand.org/about/people/s/sontag-padilla_lisa.html

Cost:

⇒ Price will vary based on survey parameters and size of institution

Contact:

⇒ Ohio Program for Campus Safety & Mental Health, opcsmh@neomed.edu

References

Binkley C. and Fenn L. (2019) As stigma ebbs, college students seek mental health, Retrieved from <https://apnews.com/article/08e5c195bf04471e9c4a127abe831d91>

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