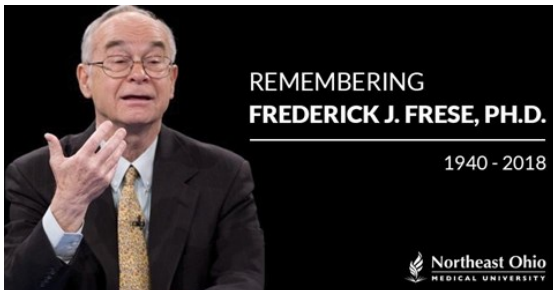


## MESSAGE FROM THE CHAIR



*I planned to write about my visit to the Cleveland Museum of Art before my friend and colleague NEOMED professor of psychiatry Dr. Fred Frese passed away. Fred was an amazing person. He was both one of the nicest and the smartest people I have ever known. He touched so many lives in such a positive way. He had a tremendous sense of humor, was ever humble and always wanted to help others. Fred may be gone, but his impact will continue to be felt at NEOMED, in Ohio and everywhere he went. I hope the words that follow convey some small sense of the ways in which Fred touched my life. I miss him greatly.*

The works of Yayoi Kusama are on display at the Cleveland Museum of Art in a highly anticipated exhibit called Infinity Mirrors. We got our tickets three months in advance of the opening to assure a chance to see the remarkable art, including timed 20-30 second immersions in small lighted boxes with the titled mirrors and lights that gave us the promised views of infinity. The 89-year-old Kusama is one of the most famous living artists in the world. Remarkably, she has also been living for the past 41 years at the Seiwa Hospital for the Mentally Ill in Tokyo. Her initial hospitalization in 1977 appears to have been involuntary, but she has stayed there by choice for most of the past four decades. While her diagnosis is unclear, in reading the many accounts of her life, a schizophrenia spectrum diagnosis is likely and she reports benefiting from ongoing psychiatric medication. Her art and her different views of reality are highly interconnected. She claims to paint her hallucinations and describes losing herself to the infinite universe. Curiously, one of her trademarks is her work with polka dots, which it seems helps her connect the dots in her universe. By all critical accounts, she is a unique creative genius.

In reading some of her own descriptions of her art and her creative process, I am very much reminded of how Dr. Fred Frese described what we clinicians call thought disorder. Fred referred to an “expanded horizon of meaningfulness.” Seeing connections that others don’t see can be the hallmark of genius or the start of a disabling mental disorder. Some remarkable individuals, and I believe there are far more than we previously imagined, are able to learn to manage their psychiatric disability into a different ability that exceeds what those of us whom Fred Frese called “chronically normal” are able to achieve.

Professor Fred Frese, my great friend and colleague, passed away on July 16, 2018. I have been incredibly proud to have Fred as a member of our department. He was, without a doubt, the only world-famous member of the NEOMED Department of Psychiatry. I first met Dr. Frese when he presented at Psychiatry Grand Rounds at Akron General Medical Center. I believe it was in 1992. His talk was remarkable. Little did I know that I would hear him present essentially the same talk a hundred or more times during the intervening 26 years. The talk did evolve. Fred kept up with the changing science and changed from masterfully using very old overhead transparencies to the computer and PowerPoint. So while it was essentially always the same talk, in reality it was never the same talk. He always had something new to teach us.

I lack the space here to list all the things I learned from Fred. His knowledge was encyclopedic. But when I think of the most important lessons Fred taught me, I think I can boil them down to two key messages:

**1. Recovery from serious mental illness is real.**

There is much to expand upon here and space limits me now, but recovery is a process, not an outcome. It is different for everyone. For some people like Fred, who are incredibly bright, who have great support systems (his wife Penny Frese deserves her own tribute, a column for another day) and are highly motivated, high levels of success can be achieved. For many others, their disability may be greater but they can live a life with meaning and dignity.

**2. One needs the courage to speak up.**

My colleague, Dr. Jeffrey Geller, wrote that “Fred’s voice could be as quiet or as loud as the situation required. Few have ever achieved this.” When Fred spoke, he was heard. And Fred would speak when he felt the voice of persons with mental disorders needed to be heard. He was the living example of “nothing about us without us.” Fred was a firm and thoughtful voice for individuals with serious mental disorders. He would be the first to tell you though that individuals with mental illness did not always agree with one another. He would explain this with great humor. But his courage to speak

on behalf of fellow consumers in front of Congress, state legislators, police officers, judges, rooms full of psychiatrists, in fact any audience one can imagine also included the courage to take positions opposed by many of his peers. Fred appreciated that not everyone with serious mental illness was able to recover to the same extent as he did and he did not want to abandon the needs of the less fortunate. Fred was courageous in his support for outpatient civil commitment, what we now call assisted outpatient treatment (AOT). There is a wonderful YouTube video where Fred spoke to a group of consumers. He says something like, "I believe there should never be forced mental health treatment, ever," to which he pauses to loud applause, and then at just the right moment adds, "Unless it is absolutely necessary." He didn't care that there was less applause to that important qualification. Fred was not one to abandon his less fortunate "brothers and sisters" who were not aware of their need for treatment. Fred would remind us that the nature of a delusion is that the person with the delusion does not know their beliefs are delusional.

There are so many myths Fred helped bust. Two in particular stand out. Despite what I was taught, people with schizophrenia **can and do** have wonderful senses of humor; and people with schizophrenia **can and do** engage in deep and meaningful relationships with others.

While we can't bring him back, I am really pleased that while Fred was still living I was able to announce that as a result of the great support the Department of Psychiatry has had from Peg's Foundation, we will begin a Drs. Fred and Penny Frese Lecture series. In this annual series, we intend to bring to NEOMED remarkable people like Fred, living successfully with serious mental illness or, like Penny, supporting their family members. These speakers will share their experience and wisdom and give the NEOMED community a chance to get to know them. Fred and Penny were thrilled when I told them the first speaker will be Professor Dr. Elyn Saks.

Professor Saks is the Orrin B. Evans professor of law, psychology and psychiatry and the behavioral sciences at the University of Southern California Gould Law School. She is also a mental health law expert and MacArthur Foundation Fellowship winner. Professor Saks lives with schizophrenia and has written about her experience with the illness in her award-winning best-selling autobiography, *The Center Cannot Hold*, published by Hachette Books. She and Fred co-wrote several papers and presented at numerous national forums together.

I only wish Fred Frese could be there when Professor Saks delivers her talk.

  
Mark R. Munetz, M.D.

The Margaret Clark Morgan Chair in Psychiatry



THE NORTHEAST OHIO MEDICAL UNIVERSITY  
DEPARTMENT OF PSYCHIATRY AND PEG'S FOUNDATION

*proudly present*

## THE DRs. FRED AND PENNY FRESE LECTURE

TUESDAY, SEPT. 25, 2018 | 3:30 P.M.

NEOMED Education and Wellness (NEW) Center Grand Ballroom  
4211 St. Rt. 44 | Rootstown, Ohio 44272

RSVP at [drsfredandpennyfreselecture.eventbrite.com](https://drsfredandpennyfreselecture.eventbrite.com)  
Questions? Contact [bestcenter@neomed.edu](mailto:bestcenter@neomed.edu) or 330.325.6698.

A video recording will be available immediately following the lecture  
at [youtube.com/NortheastOhioMED](https://youtube.com/NortheastOhioMED)



### INAUGURAL SPEAKER

**Elyn R. Saks, J.D., Ph.D.**

Dr. Saks is the Orrin B. Evans professor of law, psychology and psychiatry and the behavioral sciences at the University of Southern California Gould Law School. She is also a mental health law expert and MacArthur Foundation Fellowship winner. Dr. Saks lives with schizophrenia and has written about her experience with the illness in her award-winning best-selling autobiography, *The Center Cannot Hold*, published by Hachette Books.



# Peg's Foundation Awards \$7.5 Million Grant to the Department of Psychiatry

A new, record \$7.5 million grant from Peg's Foundation will help NEOMED do what the Hudson-based funder and partner likes to do best: "Think bigger" to bring best practices in mental health services to many more people. Announced on May 24 to a full Grand Ballroom at NEOMED, the grant to the Department of Psychiatry in the College of Medicine is the largest privately funded grant for mental health ever given in Ohio.



"Since making its first grant to NEOMED, creating the Margaret Clark Morgan Chair in Psychiatry in 2005, Peg's Foundation has invested more than \$20 million in NEOMED," said Rick Kellar, president of Peg's Foundation. He told those assembled in NEOMED's Grand Ballroom for the Special Grant Announcement that the newest funding will continue to accelerate the work of three centers of excellence in the Department of Psychiatry: the Best Practices in Schizophrenia Treatment (BeST) Center; the Ohio Program for Campus Safety and Mental Health (OPCSMH); and the Criminal Justice Coordinating Center of Excellence (CJ CCoE). The NEOMED Department of Psychiatry centers partner with a wide array of community-

based social services agencies statewide, providing them with training and education so that they can offer effective treatments and interventions to people in communities throughout Ohio that improve the quality of life for people with schizophrenia and other serious mental illnesses.

Calling the grant "an important investment that will help NEOMED to help partners across Ohio" Mark Munetz, M.D., the Margaret Clark Morgan Chair in Psychiatry, thanked Peg's Foundation. "The \$7.5 million grant will help the Department of Psychiatry's three centers of excellence — BeST Center, OPCS MH and CJ CCoE — further enhance ongoing efforts to assist many community partners in multiple systems across Ohio. "These treatments may also prevent or reduce incarceration, homelessness, suicide and violent acts that can result from untreated serious mental illnesses," noted Dr. Munetz. Dr. Munetz also acknowledged the directors of the three centers: BeST Center director Patti Fetzer, LISW-S; CJ CCoE director Ruth Simera, M.Ed., LISW; and OPCS MH director Amy Lukes, MSSA, LISW-S; as well as Christian Ritter, Ph.D., who leads the Community-Based Mental Health Research Focus Area at NEOMED.



Best Practices in Schizophrenia Treatment (BeST) Center  
Promoting Innovation. Restoring Lives.



# NEOMED Department of Psychiatry and Project ECHO®: Building Expertise and Enhancing Care Delivery



**Northeast Ohio  
Medical University**

The NEOMED Department of Psychiatry offers five Project ECHO® programs to connect physicians, nurses and other clinicians with teams of experts from multiple disciplines who provide clinicians with the specialized knowledge they need to care for people with complex conditions. Using specialized, trademarked interactive videoconferencing, experts from the Department of Psychiatry and its clinical partners offer Project ECHO programs that range from supporting medication-assisted treatment for opioid addiction to addressing patients with complex, co-occurring psychiatric and physical conditions to providing a full array of integrated treatment interventions for individuals experiencing a first episode of psychosis and offering pharmacotherapy for schizophrenia consultation.

“NEOMED Department of Psychiatry teleECHO™ programs offer participants the opportunities to join a virtual learning community, share challenging cases and receive written feedback and recommendations from interprofessional and multi-disciplinary experts,” said Nichole Ammon, M.Ed., PCC-S, BeST Center manager of integrated healthcare initiatives, who is the project lead for NEOMED’s Integrated Care at NEOMED (IC@N) teleECHO program. “TeleECHO programs also allow the participants to refine their practice in real time – they are trying new approaches and developing confidence and competence – and they credit the expertise and support of the ECHO program community for this.”

“Project ECHO allows us to provide brief lectures on topics of special interest, and it is a great forum for case-based learning,” said Erik Messamore, M.D., Ph.D., BeST Center medical director and project lead for the First Episode Psychosis and pharmacotherapy for schizophrenia (SZconsult) teleECHO programs.

“We welcome all clinicians interested in learning from the collective expertise of multidisciplinary specialists, including experts trained in addiction medicine, to improve access to effective medication-assisted treatment for people with opioid use disorders,” says Russell Spieth, Ph.D., CRC, who provides leadership for the Ohio Opiate teleECHO programs.

“This is a very evolved way to network with our peers and to be able to pick some of the most experienced brains about clients in our treatment programs. It is a great opportunity for our clients and for my professional career,” said one of the teleECHO participants. “It is also a convenient way to get free continuing professional education.”

## NEOMED Department of Psychiatry teleECHO Programs

The NEOMED Department of Psychiatry offers five teleECHO programs – all of which are free and open to the public. Clinicians may join at any time.



### INTEGRATED CARE AT NEOMED (IC@N) teleECHO Program

An ideal forum for providing didactic education and case-based learning to present cases for patients with complex, co-occurring psychiatric and physical conditions and for promoting integrated, team-based care. A public service provided by NEOMED.

Meets every Friday noon – 1 p.m. To learn more email [IntegratedcareECHO@neomed.edu](mailto:IntegratedcareECHO@neomed.edu).

### SZCONSULT teleECHO program

A telecommunity for medical professionals who care for people affected by schizophrenia-spectrum disorders. A public service offered by the Best Practices in Schizophrenia Treatment (BeST) Center in NEOMED’s Department of Psychiatry.

Meets every Tuesday from noon to 1 p.m. To learn more email [SZconsult@neomed.edu](mailto:SZconsult@neomed.edu).





### FIRST EPISODE PSYCHOSIS teleECHO Program

A telecommunity for Ohio's Coordinated Specialty Care for First Episode Psychosis team members. A public service offered by the Best Practice for Schizophrenia Treatment (BeST) Center in NEOMED's Department of Psychiatry and funded by the Ohio Department of Mental Health and Addiction Services.

Meets second and fourth Thursdays of every month, Noon – 1:30 p.m. To learn more email [firstepisodepsychosis@neomed.edu](mailto:firstepisodepsychosis@neomed.edu).

### OHIO OPIATE teleECHO programs

Two teleECHOs focused on medication-assisted treatment for opiate addiction offered in partnership with the Ohio Department of Mental Health and Addiction Services' Ohio 21st Century Cures Act Initiative.

#### Ohio Opiate Mentorship TeleECHO

Physician experts offer a two-month mentorship program to assist waived physicians to feel comfortable prescribing buprenorphine. A new physician cohort begins every two months.

Meets every Friday from 7 – 8 a.m.

#### Ohio Opiate Continuing Education TeleECHO

Buprenorphine prescribers throughout Ohio learn through didactic presentations and case review with experts.

Meets every Friday from 3 – 4 p.m.

To learn more about both email [opiateecho@neomed.edu](mailto:opiateecho@neomed.edu).



## NEOMED Department of Psychiatry Welcomes New Team Members



**Debra Hrouda, Ph.D., MSSA, LISW-S**, became the director of practice implementation and evaluation for the Best Practices in Schizophrenia Treatment (BeST) Center in November 2017. Since joining the BeST Center, she says she is most impressed by the “passion and commitment of everyone.”

Deb comes from the Center for Evidence-Based Practices (CEBP) at Case Western Reserve University, where she served for nearly 15 years, most recently as the director of quality improvement. Prior to joining the CEBP, she worked in community mental health, providing case management, counseling and partial hospitalization program services.

Her clinical interests include forensic psychiatry, integrated primary, mental health and substance use care, tobacco intervention, supported employment and education, and all of the practices being implemented by the BeST Center. She also developed an Integrated Treatment Tool to plan and assist integration of mental health and substance use (including tobacco) and other health conditions. She serves on the statewide Behavioral Health Redesign Benefit and Service Development Workgroup, and is an advisor to the Substance Abuse and Mental Health Services Administration and the Health Resources and Services Administration on ways to incorporate mental health and substance use treatment into Person-Centered Medical Homes.

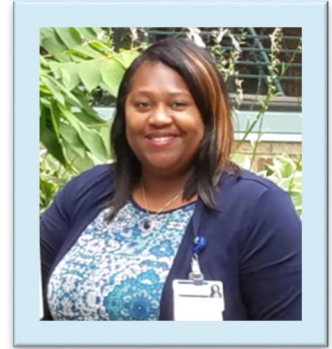
She holds a bachelor's degree in psychology and English from the University of Virginia and Master of Science in Social Administration and Ph.D. from Case Western Reserve University.



**Ashley Eads, B.A.**, joined the BeST Center as administrative coordinator on July 16. She and her husband, Bryan, recently relocated back to their home state of Ohio to be closer to family here after spending four and a half years in Charleston, S.C. While in Charleston, Ashley served as the assistant to the director of perioperative services at Roper St. Francis Healthcare. Ashley earned her bachelor of arts in psychology from Notre Dame College in Cleveland.

When asked what she liked about working as part of the BeST Center team she said, "It is great to be part of a team that is focused on mental health, and I am always learning a lot about the field, which is really nice." Ashley, Bryan and the family dog, Ella, recently moved into a new home in Rootstown.

**Jessica Zavala, B.A., CDCA**, joined the Department of Psychiatry as the Ohio Opiate Project ECHO coordinator in February 2018. Jessica previously worked in community behavioral health organizations in Ohio and Arizona, and she is licensed as a chemical dependency counselor assistant and certified as a youth mental health first aid trainer through The National Council on Behavioral Health. Jessica holds a bachelor's degree in sociology from the University of Akron, and she is currently pursuing a master's degree in public administration management and leadership. Jessica has trained at the Cross-Cultural Health Care Program in Seattle, Wash., and is also employed as the language access coordinator at Aultman Hospital.



Jessica likes a lot of things about NEOMED and working with the Ohio Opiate Project ECHO team. "The Ohio Opiate ECHO team brought together a team of individuals with a wide array of experience and expertise to share with other practitioners throughout Ohio. I am excited about ways in which the Ohio Opiate Project ECHO continues to expand and develop," she said. Jessica resides in Summit County with her family.

## Department of Psychiatry Promotions

Congratulations to **Jami Brewer**, who was promoted to BeST Center dissemination coordinator, to **Carole Harwood, M.S.Ed.**, who was promoted to director, communications and development, and to **Danelle Hupp, Ph.D.**, who was promoted to BeST Center senior consultant and trainer for Family-Based Services.

## Best Practices in Schizophrenia Treatment (BeST) Center

### BeST Practice: Cognitive Behavioral Therapy for Psychosis

Dr. Harry Sivec, senior managing consultant and trainer for Cognitive Behavioral Therapy for Psychosis (CBT-p) programs, and Dr. Valerie Kreider, senior consultant and trainer for CBT-p, wrote a curriculum for a Cognitive Behavioral Therapy for Psychosis (CBT-p) group. In collaboration with a peer recovery specialist from Community Support Services (CSS), they implemented the CBT-p group at "The Park at Madeline Commons," an independent living apartment complex designed to provide housing for individuals who are working toward recovery from mental illness and/or homelessness. They initially piloted the CBT-p group with CSS peer recovery specialists to obtain feedback and refine the material. Once the group materials were completed, CSS clients were invited to participate. Six clients participated in the group facilitated by Dr. Sivec, Dr. Kreider and a peer recovery specialist. "The group was a success! Clients provided feedback indicating that the group was helpful, and several participants said that they might be interested in attending groups such as this in the future," said Dr. Kreider.

Drs. Sivec and Kreider also developed a CBT-p supervision program that was implemented at CSS. In keeping with the CBT collaborative style, each of the seven CSS supervisors trained were offered a menu of options to address through their individualized training, and were able to request specific instruction pertinent to their area of concentration. Options included a CBT-p model for supervision, strengthening CBT-p skills, methods for coaching supervisees and use of CBT-p fidelity scales. Drs. Sivec and Kreider introduced the STARTS model (Socialize, Target, Active supervision, Review, Take home work, and Self-care) that they developed to provide structure and direction to supervision sessions. "We are pleased with the outcome of the CBT-p supervision project offered at CSS in partnership with the County of Summit Alcohol, Drug Addiction and Mental Health Services Board," said Dr. Sivec. "All of the supervisors with whom we worked successfully completed the project for their particular areas of interest."

In addition, the FIRST Mahoning County and FIRST Greene and Montgomery Counties teams participated in an intensive two-day CBT-p training program, and both teams are receiving monthly consultation in CBT-p strategies from BeST Center experts.

## Working with Friends and Families 101: Unburning the Bridges

The screenshot shows a web-based course interface. At the top left, there is a logo for the Ohio Department of Mental Health and Addiction Services, along with the Northeast Ohio Medical University logo and contact information. A 'Menu' on the left side lists the following items: 'Module 1 - Importance of Fr...', 'Working with Friends and ...', 'Welcome', 'Partnership', 'Working with Friends and ...', 'Objectives for Module 1', 'Myths and Challenges', 'Common Characteristics "Family"', 'Value of Involving Friends...', 'Mohammad's Story', 'What is Family?', 'Defining "Family"', 'How Could the Clinician R...', 'Response 1', 'Response 2', 'Tip 2', 'Response 3', 'Tip 3', and 'Response 4'. The main content area has a blue banner with the title 'Working with Friends and Families 101: Unburning the Bridges' in white text. Below the banner is a video player with a progress bar and 'PREV' and 'NEXT' buttons.

### A New Online Course for Clinicians, Friends and Families

*What is “family” and why does involving family in the treatment of individuals with serious mental health conditions matter? How do I effectively engage and support friends and families? Now that I have them engaged, how do I set them up for success?*

Clinicians, friends and families of individuals with serious mental health conditions are invited to explore *Working with Friends and Families 101: Unburning the Bridges*, a new online course, for the answers to these (and other) questions.

“The course is designed to provide practical information and skills when working with friends and families of individuals with a serious mental health condition,” says BeST Center Senior Consultant and Trainer for Family-Based Services Danelle Hupp, Ph.D., the lead content expert for the online learning module. *Working with Friends and Families 101: Unburning the Bridges* is a self-paced course that allows people to learn about important and relevant topics at their convenience.

“The course addresses everything from engaging friends and families in the treatment of their loved one, to understanding the guidelines about information-sharing, to sharing stories of hope and optimism. It includes interactive learning opportunities, real-life case examples and downloadable resources,” adds Hupp.

Hupp collaborated with Pamela Roeper, the BeST Center’s training instructional specialist; BeST Center family advocate and peer recovery specialist; Dr. Debra Hrouda, BeST Center director of practice implementation and evaluation; colleagues from the Ohio Department of Mental Health and Addiction Services (OhioMHAS) and the BeST Center; and FIRST Coordinated Specialty Care for First Episode Psychosis teams throughout Ohio; to develop and refine the course.

“I like that the modules are pretty fast moving. I think that the information and examples are well done, and I liked some of the special effects that help maintain interest. I timed each module and most are pretty quick and easy to review,” said one of the individuals who reviewed the pilot course.

“Wow - a marvelous finale to the course! Kind of like at the end of a fireworks show, how it all gets a wonderful burst of energy and display! I am SO inspired by that last module where you synthesized the course elements into a vignette,” said another reviewer.

OhioMHAS provided funding support for the development of *Working with Friends and Families: Unburning the Bridges*. The course will be available to the public for free through the OhioMHAS E-Based Academy.

## BeST Practice: Cognitive Enhancement Therapy



Congratulations to Coleman Professional Services' Cognitive Enhancement Therapy (CET) Coach Camille Pavlicek-Fauser, M.Ed., LPC-S, at left, who successfully completed the practitioner training program for Cognitive Enhancement Therapy in accordance with the evidence-based cognitive remediation intervention developed and tested at the University of Pittsburgh's Department of Psychiatry and approved by SAMHSA. Pavlicek-Fauser and her fellow Coleman Professional Services – Portage County Offices CET team members were also recognized as the most successful CET implementation site in a community setting. Pictured along with Pavlicek-Fauser are CET coach-trainee Chad Dye, MS, LPS, Meghan Begue, MSSA student intern, and Bryn Oldham, M.Ed., LPCC-S, BeST Center consultant and trainer for CET.

CET is clearly making a difference in the lives of clients who participate. After completing 18 months of CET intervention, clients report a 34% increase in overall quality of life, with significant improvements in health and functioning, social and economic life, psychological and spiritual domains and family relationships. Some real-life examples of CET stories of recovery and hope include:

- Two graduates of both FIRST and CET earned certification and secured employment as Ohio peer recovery supporters. As peer experts for the BeST Center's First Episode Psychosis Project ECHO program, they lend a peer perspective on FIRST client materials.
- Another graduate of CET transitioned from group home living into her own apartment and she is now working and making new friends. She also obtained her driver's license and bought a car. She is making plans to return to college.

## BeST Practice: FIRST Coordinated Specialty Care for First Episode Psychosis

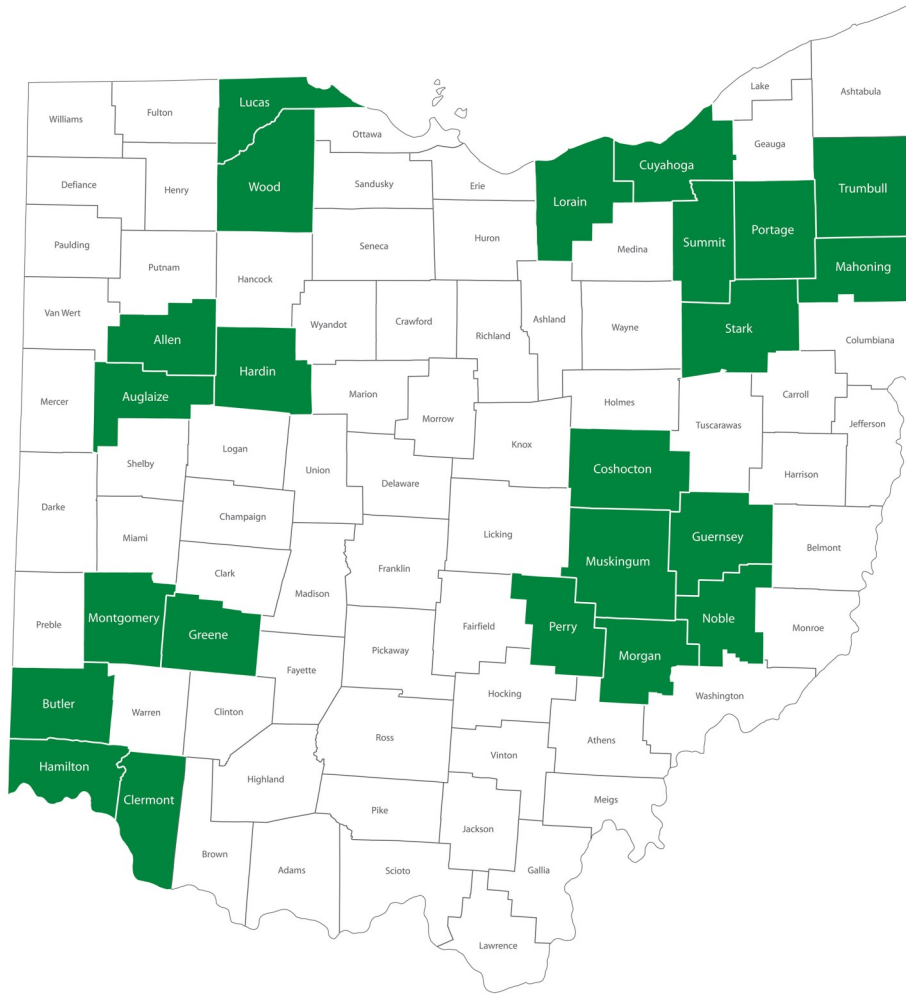
The BeST Center continues to be engaged with implementing and sustaining FIRST Coordinated Specialty Care for First Episode Psychosis programs throughout Ohio and Illinois. By intervening with the right treatment interventions early in the course of psychotic illness, FIRST programs allow people with schizophrenia to lead productive, meaningful lives in the community doing what is most important to them.

- A college student engaged in FIRST treatment following hospitalization for an initial psychotic break. With the help and support of his FIRST treatment team, he resumed his education and got his first job. He graduated with an associate's degree – as the class valedictorian – and got a "dream job" in his field of study.
- A young mother received injectable antipsychotic medication and individual resiliency training through a FIRST program. These treatments helped her recover from the severe paranoia and hallucinations that caused her to lose her job and custody of her son. She's now thriving: two jobs, a recent promotion, completing her associate's degree and enjoying supervised visits with her son.
- A young man received FIRST treatment after he had to transfer to a college near home and stopped taking classes twice due to illness symptoms. He was highly motivated, and with support from this FIRST treatment team, he earned a bachelor's degree in finance.
- When she started having bothersome olfactory and auditory hallucinations, a young woman sought help for these symptoms through a FIRST program. She is now taking medications that stabilize her symptoms and working with a counselor to make other changes. She has not been hospitalized since the onset of these symptoms.





# BeST Center-Affiliated FIRST Coordinated Specialty Care for First Episode Psychosis Programs in Ohio



To make a FIRST program referral, please contact the treatment team in the county where the individual resides. A list of FIRST programs and contact information may be found at: [neomed.edu/bestcenter/practices/first/](http://neomed.edu/bestcenter/practices/first/)

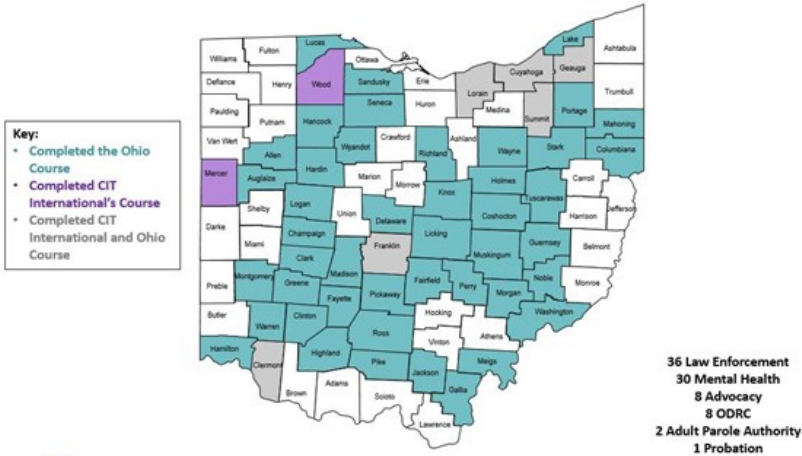
## Criminal Justice Coordinating Center of Excellence (CJCCoE)

### Ohio CIT Coordinators Course

The Criminal Justice Coordinating Center of Excellence hosted the third Ohio CIT Coordinator Course on May 18, 2018, in Columbus, Ohio, with funding from the Ohio Department of Mental Health and Addiction Services.



CIT Coordinator Courses

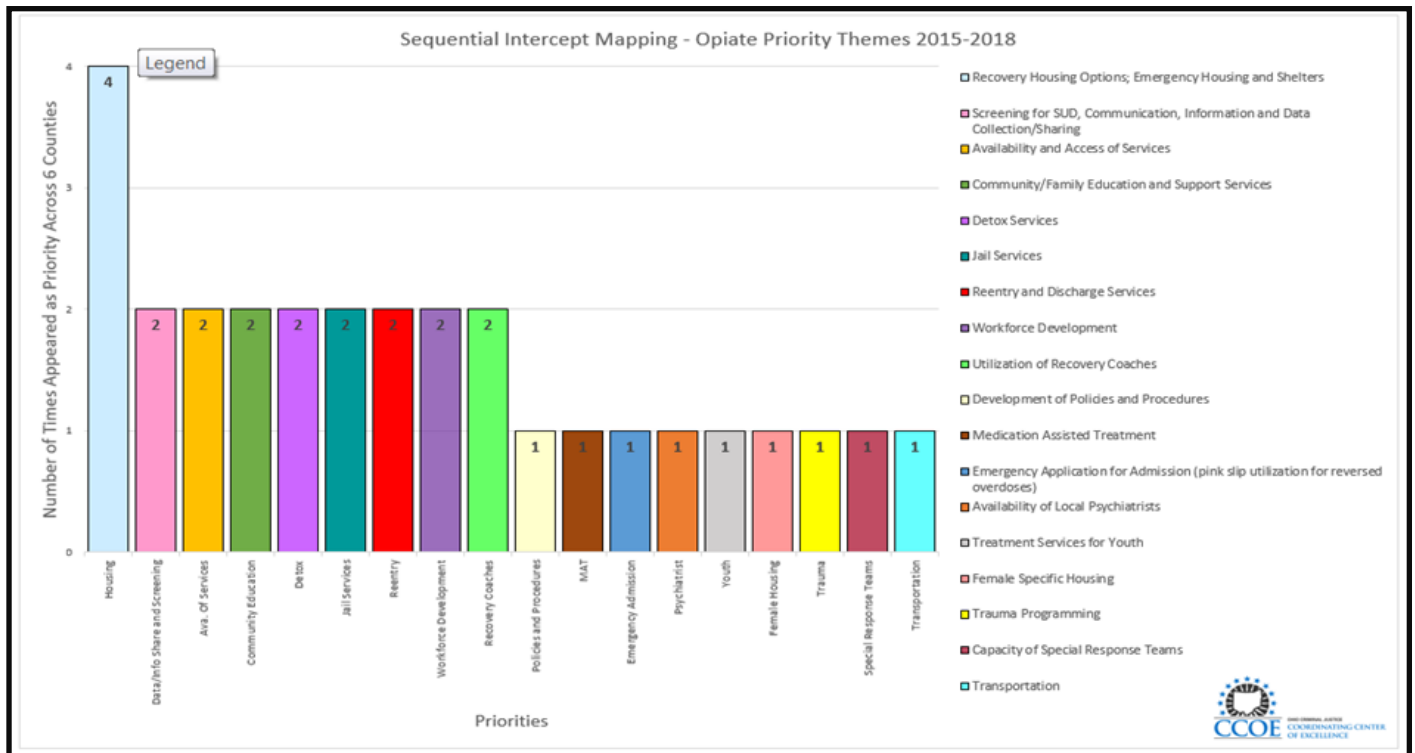


The CJ CCoE hosted 25 course participants, representing 13 Alcohol, Drug Addiction and Mental Health Board areas and the Ohio Department of Rehabilitation and Correction. The map to the left illustrates Ohio counties that have had representatives complete a CIT Coordinator Course either in Ohio or through CIT International. The Ohio curriculum was based directly on the ten core elements that make CIT so successful and consisted of presentations and discussions facilitated by representatives of rural and urban CIT programs throughout Ohio. At the end of the day, participants understood why the motto of CIT International is "CIT – More Than Just Training!"



Sequential Intercept Mapping for Opioids

Dr. Mark Munetz opened the Sequential Intercept Mapping for Opioids workshop in Summit County Feb 28, 2018. Six counties have completed the mapping exercise specific to the opioid epidemic: Ross, Montgomery, Summit, Lorain, Pickaway and Ottawa. The graph below depicts the priorities that emerged from these counties.



## Ohio Program for Campus Safety and Mental Health

The Ohio Program for Campus Safety and Mental Health (OPCSMH) has experienced both exciting opportunities and substantial transitions during the past year.

### Changes in OPCSMH leadership

We are sad to report that Amy Lukes, MSSA, LISW-S, NEOMED director of campus mental health initiatives, stepped down in July. She has relocated to Minnesota, although she continues to support the OPCSMH on a part-time basis. "This is a great loss for NEOMED and Ohio," said Mark Munetz, M.D., The Margaret Clark Morgan Chair in Psychiatry. "We wish Amy the best of luck as she adjusts to the cold but blue skies of her new home. We are pleased to announce that Dr. Russell Spieth will assume many of her responsibilities."

Dr. Spieth is the senior consultant trainer in motivational interviewing. He earned his Ph.D. in counseling psychology from the University of Akron, his M.Ed. in counseling psychology from Columbia University, and his B.S. in psychology from Florida State University. He has approximately 20 years of experience providing clinical services to individuals with co-occurring mental and substance use disorders and has worked in college counseling for approximately five years.

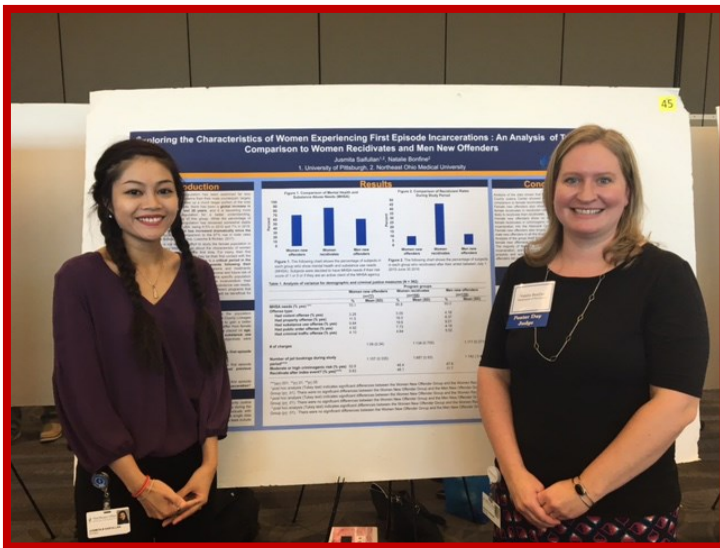
### Generous Funding Supports a Full Complement of OPCSMH Activities

Generous funding from Peg's Foundation and ongoing support from the Ohio Department of Mental Health and Addiction Services (OhioMHAS) has energized OPCSMH programming. This support allows the OPCSMH to return to offering a full complement of activities including collaborative development mini-grants, monthly webinars and a statewide conference, planned for May 21, 2019, in Columbus.

### NEOMED Mental Health Committee

The NEOMED Mental Health Committee engaged in a strategic planning process and identified priorities to support the mental health and well-being of the entire NEOMED community. The priorities include: promoting training for faculty, staff and students to support individuals in distress; augmenting intra-university communication on mental health and wellness initiatives; and enhancing campus wellness activities; and infusing resiliency topics into the curriculum.

## Community Mental Health Research Focus Area



NEOMED second year medical student Jusmita Saifullan and Natalie Bonfine, Ph.D., assistant professor of psychiatry, present "Exploring The Characteristics of Women Experiencing First Episode Incarcerations: An Analysis of Traits and Comparison to Women Recidivates and Men New Offenders" at NEOMED's annual Poster Day.



Three sociology doctoral students worked in the Department of Psychiatry this summer, assisting with various research projects in the area of serious mental illness and criminal justice. Pictured left to right are Courtney Blue (University of Akron), Christopher Schell (Kent State University) and Erin Andro (Kent State University).

## Presentations

**Patrice M. Fetzer, LISW-S**, served as a consultant for a SAMHSA-sponsored University of Maryland Technical Assistance National Peer to Peer Meeting focused on Systems of Care and Early Psychosis in Portland, Oregon, Aug. 22-24.

**Patrice M. Fetzer, LISW-S**, Tamara Sale (EASA/Oregon), Iruma Bella (OnTrack NY) and Abram Rosenblatt (Westat) presented “Implementing Early Psychosis Intervention in Your System of Care” at the University of Maryland School of Social Work Institute for Innovation and Implementation Training Institutes. Gary Blau, Substance Abuse and Mental Health Services Administration Chief, Child, Adolescent and Family Branch, introduced the session and provided context to SAMHSA’s vision and support for early psychosis within system of care.

**Russell Spieth, Ph.D., CRC**, and John Ellis (University of Akron) presented “Motivational Interviewing in Group Therapy” at the Ohio Addiction Studies Institute Conference in Columbus in July.

**Danelle Hupp, Ph.D.**, and **Brittany Dayton** presented as part of a panel, “Pursuing Progress: Expanding Team-based Care for Early Psychosis,” at the NAMI National Convention in New Orleans June 30.

**Ruth H. Simera, M.Ed., LSW**, presented “Sequential Intercept Mapping” to the Ohio Hospital Association Behavioral Health Workgroup in Columbus July 26, 2018.

**Mark R. Munetz, M.D.** presented with Judge Steven Goss “Judicial Work at Interface of Mental Health & Criminal Justice” at the Oklahoma Annual Judicial College Conference in Oklahoma City, OK July 20, 2018.

**Russell Spieth, Ph.D., CRC**, presented, “Medication-Assisted Treatment Tele-Mentoring via Project ECHO®” at the 2018 Opiate Conference: Strengthening Ohio’s Communities in Columbus in June.

**Erik Messamore, M.D., Ph.D.**, presented “What can niacin teach us about schizophrenia?” at the NEOMED Research Forum May 8.

**Harry Sivec, Ph.D.**, presented “Cognitive Behavioral Therapy for Psychosis” to the College of Psychiatric and Neurological Pharmacists at their annual meeting in Indianapolis in April 2018.

**Russell Spieth, Ph.D., CRC**, presented “Motivational Interviewing to Improve Patient Outcomes” at Ohio Primary Care Workforce Initiative preceptor training sessions held in Cleveland, Columbus and Cincinnati.

**Haley Durig, B.A.**, made a presentation focused on Sequential Intercept Mapping and opportunities for reentry partners at the Northeast Ohio Regional Reentry Meeting in Ravenna May 24, 2018.

**Danelle Hupp, Ph.D.**, and **Erik Messamore, M.D., Ph.D.**, presented as part of an evidence-based practices for schizophrenia panel presentation at the NAMI Ohio Conference May 4.

**Russell Spieth, Ph.D., CRC**, and **Jaclyn Boyle, Pharm.D.**, presented “Motivational Interviewing” at the Ohio Pharmacist Association Annual Conference and Trade Show in Columbus in April 2018.

**Danelle Hupp, Ph.D.**, made a presentation at a MetroHealth sponsored breakfast meeting focused on transitions of care with outpatient mental health partners March 29.

**Erik Messamore, M.D., Ph.D.**, presented “Listening to Clozapine: Subtypes of the Schizophrenias” to a private Facebook group of psychiatrists on March 15 at 9 p.m. More than 1,400 psychiatrists viewed his presentation.

**Nicholas Dunlap, LPCC**, and **Heather Pokrandt Tackett, LISW-S**, presented “Schizophrenia: Early Detection of Symptoms” at 2018 three regional Ohio Department of Health Regional School Nurses conferences.

**Natalie Bonfine, Ph.D.**, presented “Sequential Intercept Mapping and its Perceived Impact on Cross-Systems Collaboration to Address Adults with Mental Illness in the Criminal Justice System” at the American Psychology-Law Society in Memphis, Tenn., March 8-10.

**Patrice M. Fetzer, LISW-S**, and collaborators from Oregon Health and Science University, and Columbia University Medical Center/New York Psychiatric Institute presented “Integrating Early Psychosis Intervention into Systems of Care: Opportunities and Recommendations,” at the 31<sup>st</sup> Annual Research and Policy Conference for Child, Adolescent and Young Adult Behavioral Health in Tampa March 4-7, 2018.

**Nichole Ammon, M.Ed., PCC-S**, and **Russell Spieth, Ph.D., CRC**, presented “The Expansion of Integrated Health, Addictions and Primary Healthcare Initiatives via Project ECHO®” at the Ohio Association of Community Health Centers Annual Conference in Columbus in March.

Presentations con't.

**Patrice M. Fetzer, LISW-S**, Tamara Sale, M.A., Dr. Steven Adelsheim and Dr. Jennifer Humensky presented a SAMHSA National Training and Technical Assistance Center Webinar, "Integrating Early Psychosis Intervention into a System of Care" Feb. 22.

**Ruth H. Simera, M.Ed., LSW**, presented, "Using Sequential Intercept Mapping for Community Action Planning Around the Opiate Epidemic" at the Ohio Attorney General's Task Force on Criminal Justice and Mental Illness in Columbus Feb. 13.

**Ruth H. Simera, M.Ed., LSW**, presented "Using Sequential Intercept Mapping to Build Community Collaboration and Enhance Partnerships" at the Stepping Up Ohio Supportive Housing Technical Assistance Kick-Off Event, sponsored by the Council of State Governments Justice Center, in Cuyahoga Falls Feb. 14.

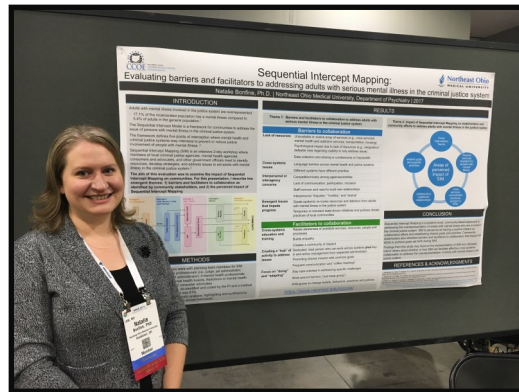
**Russell Spieth, Ph.D., CRC**, presented "Motivational Interviewing to Improve Patient Outcomes" at the Salem Regional Medical Center Medical/Surgical Educational Conference held in Salem, Ohio, in February.



**Natalie Bonfine, Ph.D., Richard E. Adams, Ph.D. and Christian Ritter, Ph.D.** presented "Subjective Social Status and Well-Being among People with a Severe and Persistent Mental Illness" at the 68<sup>th</sup> Annual Meeting of the Society for the Study of Social Problems in Philadelphia, Pa., Aug. 10-12.



**Danelle Hupp, Ph.D., and Brittany Dayton** presented as part of a panel, "Pursuing Progress: Expanding Team-based Care for Early Psychosis," at the NAMI National Convention in New Orleans June 30.



**Natalie Bonfine, Ph.D.**, presented "Sequential Intercept Mapping: Evaluating Barriers and Facilitators to Addressing Adults with Serious Mental Illness in the Criminal Justice System" at the American Public Health Association conference in Atlanta, Nov. 4-8. *This presentation abstract was selected as a feature abstract for the "Justice and Incarcerated Health" track in the APHA Program's "Schedule at a Glance."*

## Publications

**Natalie Bonfine, Mark R. Munetz and Ruth Simera.** "Sequential Intercept Mapping: Developing Systems-level Solutions for the Opioid Epidemic." Accepted July 3, 2018. In press at *Psychiatric Services*.

**Natalie Bonfine, Christian Ritter, Jennifer L.S. Teller, and Mark R. Munetz.** "A Comparison of Participants in Two Community-based Programs: Assisted Outpatient Treatment and Mental Health Court." *Psychiatric Services*: Vol 69:9, 1001-1006, Sept. 2018.

Glenda Wren, Brian McGregor and **Mark Munetz**, "The Fierce Urgency of Now: Improving Outcomes for Justice-Involved People with Serious Mental Illness and Substance Misuse," Open Forum, [psychiatronline.org](http://psychiatronline.org), April 16, 2018

**Patrice Fetzer, LISW-S**, Tamara Sale, M.A., Jennifer Humensky, Ph.D., Megan Baker, M.D., Kate Hardy, ClinPsychD, Douglas Noordsy, M.D., and Steven Adelsheim, M.D., "The Integration of Early Psychosis Services in a System of Care Framework: Opportunities, Issues and Recommendations," SAMHSA TA Network. April 2018.

**Dennis Helmuth** "Unfair cost of prescription drugs", *The Wooster Daily Record*, Feb. 9, 2017

**Natalie Bonfine, Evita Singh\*, Christian Ritter, Ruth Simera and Mark R. Munetz.** "Retention and Training Targets for Crisis Intervention Teams: An Update and Directions for Future Research." *Law Enforcement Executive Forum* 17, 3:58-63, 2017 \*medical student at Northeast Ohio Medical University

**Natalie Bonfine, Book Chapter** 2018. "Criminogenic Factors and Mental Illness." Pp. 27-44 in *Criminalization of Mental Illness, Second Edition*, edited by R. N. Slate and K. Frailing. Durham, NC: Carolina Academic Press.

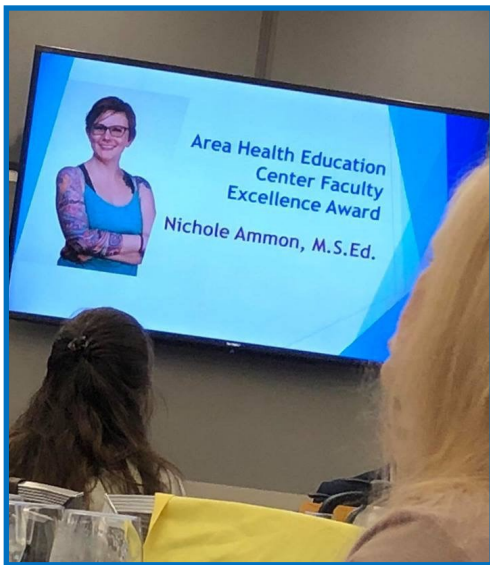
## Notable Achievements

Congratulations to **Steven W. Jewell, M.D.**, professor of psychiatry at NEOMED, on his new appointment as director, Pediatric Psychiatry and Psychology at Akron Children's Hospital (ACH). Prior to his appointment at ACH, Dr. Jewell was vice president and medical director for Child Guidance and Family Solutions (CGFS). While at CGFS, he was selected to be featured on the Best Doctors in America List 2017-2018.

Congratulations to **Jeffrey Moore, M.D.**, on his recent retirement as chairman, Department of Psychiatry and Behavioral Sciences at Cleveland Clinic Akron General. Prior to his retirement, Dr. Moore was honored with induction to Cleveland Clinic Akron General's Society of Distinguished Physicians at the Society's 38th Fellowship Dinner Oct. 13. He was also honored as mental health professional of the year by NAMI Summit County in May. Dr. Moore serves as medical director of Portage Path Behavioral Health and professor of psychiatry at NEOMED.

**Rakin, Hoq, M.D.**, was the recipient of the prestigious David Agle, M.D. Award for the best poster presentation at the Cleveland Consultation Liaison Society in Cleveland. Dr. Hoq is a 2016 NEOMED College of Medicine graduate and is currently in his third year of the Summa/NEOMED Psychiatry Residency Program.

**Rajesh R. Tampi, M.D., M.S., DFAPA**, was appointed chair of the Department of Psychiatry and Behavioral Health at Cleveland Clinic Akron General. Dr. Tampi will also serve as section head of geriatric psychiatry for the Department of Psychiatry and Psychology at Cleveland Clinic. Dr. Tampi's clinical and research interests are the management of psychiatric disorders in late life, neurodegenerative disorders, ethical and legal issues in geriatric psychiatry and integrated geriatric psychiatric care. Dr. Tampi has more than 100 publications on various topics in psychiatry and geriatric psychiatry. In addition, he is the editor of six books on psychiatry. He also serves on the editorial board of five international journals in psychiatry and as a peer reviewer for 34 journals including the American Journal of Geriatric Psychiatry, the American Journal of Psychiatry and the American Journal of Alzheimer's Disease and other Dementias.



**Nichole Ammon, M.S.Ed., PCC-S**, BeST Center manager of integrated care initiatives, received the Northeast Ohio Area Health Education Center Faculty Excellence Award at the NEOMED Department of Family and Community Medicine Awards Dinner May 15. She also graduated from NEOMED's Primary Care Training and Enhancement Fellowship June 8.



BeST Center Director **Patrice Fetzer, LISW-S**, received the University of Akron Outstanding MSW Alumni Award for 2018 at the UA School of Social Work's awards banquet April 20.



**Bryn Oldham, M.Ed., LPCC-S**, BeST Center consultant and trainer for Cognitive Enhancement Therapy (CET), received the first-ever CET Practitioner endorsement from the University of Pittsburgh.

*NEOMED's Department of Psychiatry trains undergraduate medical students, partners with Summa Health System and Akron General Health System to offer a general psychiatry residency program and has an affiliation with a child and adolescent psychiatry fellowship based at Akron Children's Hospital. The Department of Psychiatry also serves as an incubator for bringing evidence-based and promising practices to hospitals, clinics and communities. The department is home to the Best Practices in Schizophrenia Treatment (BeST) Center, the Ohio Criminal Justice Coordinating Center of Excellence, the Ohio Program for Campus Safety and Mental Health and the Community Mental Health Research Focus Area.*